

July '10

Monday	Tuesday	Wednesday	Thursday	Friday	BAL
Choice of Milk Available Menu Subject to Change		Summer Break	Summer Break	Summer Break	
5	6	7	8	9	2
Summer Break	Summer Break	Summer Break	Summer Break	Summer Break	
12	13	14	15	16	
Cereal Banana	Blueberry Muffin Juice	Proballs Watermelon	Cinnamon Roll Juice	Cereal Cantaloupe	
Hamburger HB Salad Honeydew Pumpkin Cookie	Quesadilla Zucchini Grapes Jello Cake	Club Sandwich Carrot Medley Plums Biscochitos	Pizzarito Bell Pepper / Radish Nectarine Sunshine Muffin	Chicken Salad Sandwich Broccoli Strawberries Pudding	23
19	20	21	22	23	
Cereal Apples	Cran Banana Muffin Juice	Apple Bits Peach	Pineapple Muffin Juice	Cereal Orange	
Bean Burrito Cucumber Orange Cran / Banana Muffin	Macaroni & Cheese Vegetable Medley Watermelon Spice Cake	Chicken Burrito Garden Salad Pears Chocolate Chip Cookie	Sloppy Joe Sugar Peas Honeydew Almond Cookies	Peanut Butter & Jelly Sandwich / Celery / Ranch Cantaloupe Gingerbread	30
26	27	28	29		



NM Division • 2 Shamrock Way Rd., Albuquerque, NM 87121 • 800-326-5571

Shamrock Foods & Trifoglio
wish everyone a safe and fun
4th of July.



Southwest Cash & Carry Offers a Broad Selection of
Trifoglio Premium Quality Italian Style Products.

2439 N. Main, Las Cruces, NM • (505) 524-8730
WHOLESALE TO THE PUBLIC • NO MEMBERSHIP FEES



August '10

Monday	Tuesday	Wednesday	Thursday	Friday	BAL
Cereal Honeydew	Strawberry Muffin Juice	Peanut Butter & Jelly Sandwich / Plums	Cinnamon Roll Juice	Cereal Strawberries	
Chicken Nugget Carrots Apple WW Sugar Cookie 2	Beefaroni Garden Salad Strawberries Jello 3	Beef Burrito Lettuce & Tomato Grapes Orange Vanilla Muffin 4	Pizzarito Bell Pepper / Radish Nectarine Sunshine Muffin 5	Turkey & Swiss Sandwich / Sugar Peas Cantaloupe Banana Muffin 6	
Cereal Pear	Banana Muffin Juice	Cereal / Bean Burrito Watermelon	Gingerbread Juice	Cereal / Granola Pineapple	
Chicken Patty Sandwich Cherry Tomato Orange Oatmeal Cookie 9	Chile Beans Cornbread Jicama, Juice bar Wacky Cake 10	BBQ Pork Sandwich Cauliflower Pineapple Molasses Cookie 11	Cheesy Bread Steak Marinara Sauce Garden Salad Fruit Salad 12	Deli Carrot / Celery Banana Vanilla Pudding 13	
Breakfast Pizza Watermelon	Pineapple Muffin Juice	Canadian Bacon WW Roll, Cantaloupe	Banana Muffin Juice	Bean Burrito Grapes	
Chicken Nuggets Mashed Potatoes / Gravy WW Roll, Carrots Nectarine 16	Bean Burrito Corn, Lettuce & Tomato, Strawberry, Chocolate Chip Bar 17	Teriyaki Dipper Rice Pilaf, Broccoli / WW Roll Watermelon 18	Pizza Peas & Carrots Yellow Cake W/ Chocolate Frosting 19	Hamburger Hamburger Salad French Fries Peaches & Jello 20	
French Toast Nectarine	WW Donut Juice	Bacon & Egg Burrito Honeydew	McDonald's Sausage Biscuit Orange Juice	Peanut Butter & Jelly Sandwich, Banana	
Sloppy Joe Cucumber Slices Orange Peanut Butter Cookie 23	Macaroni & Cheese Sugar Peas WW Roll Grapes 24	Beef Tacos Lettuce & Tomato Spanish Rice / Strawberries Wacky Cake 25	Dunkers Green Beans Apples Pudding 26	Hot Dogs Baked Beans Celery / Ranch Cantaloupe 27	
Go-gurt Juice	Ham Stick WW Roll & Orange			Choice of Milk Available	
Chile Fries Cauliflower / Ranch Honeydew Applesauce Cake 30	Deli Carrot / Ranch Potato Chips / Watermelon Oatmeal Cookie 31			Menu Subject to Change	



Shamrock Foods & Cobblestone Market
salute the teachers
at Las Cruces Public Schools.



Visit our Store Location for Great Savings on
Cobblestone Market Meats, Cheeses & Deli Products.



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WHOLESALE TO THE PUBLIC • NO MEMBERSHIP FEES

September '10

Monday	Tuesday	Wednesday	Thursday	Friday	BAL
		Quesadilla Juice	Strawberry Muffin Applesauce	Chorizo Burrito Pear Raw	
		Chicken Fajita Taco Lettuce/Tomato, Spanish Rice / Mandarin & Pineapple / Wacky Cake 1	Pizza Celery/Ranch Strawberries Molasses Cookie 2	Cuban Meat Rice Pilaf / Mixed Veggies Apricot Chocolate Pudding 3	
Labor Day No School 6	Apple Cinnamon Cereal Bar Juice Corn Dog Sweet Potato Fries w/Honey / Orange Cucumber / PB Bar 7	Cheese Omelet Toast - Cantaloupe Chicken Rings Potato-au-gratin Veg Medley, WW Roll Honeydew 8	Waffle Sticks Apple Spaghetti & Meat Sauce Italian Roll Zucchini / Ranch Peach 9	Sausage Biscuit Juice Nachos Pinto Beans Lettuce & Tomato Grapes 10	
Canadian Bacon / Mini WW Pancake / Juice Chicken Nuggets, WW Roll Mash Potatoes & Gravy Carrots / Ranch Apple 13	Egg Patty / English Muffin Watermelon BBQ Pork Sandwich Confetti Fries / Honey Vegetable Medley/Ranch Plum 14	Cinnamon Toast Cereal Bar Banana Chile Pie Jicama Corn Watermelon 15	Ham & Egg Burrito Juice Pizza Celery Pears Chocolate Chip Cookie 16	Cinnamon Roll Grapes Beef Burrito Lettuce & Tomato Pinto Beans Strawberries/Brownie 17	
Fall Intersession 20	Fall Intersession 21	Fall Intersession 22	Fall Intersession 23	Fall Intersession 24	
Fall Intersession 27	Fall Intersession 28	Fall Intersession 29	Fall Intersession 30	Choice of Milk Available Menu Subject to Change	



Shamrock Foods & Bountiful Harvest
proudly support the
LCPS's commitment to education.



Visit our Store Location for Great Savings on
Bountiful Harvest Vegetables and Canned Fruits.



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October '10

Monday	Tuesday	Wednesday	Thursday	Friday	BAL
Choice of Milk Available Menu Subject to Change				Fall Intersession	1
Fall Intersession 4	Fall Intersession 5	Fall Intersession 6	Fall Intersession 7	Fall Intersession 8	
Breakfast Pizza Watermelon Meatball Sub Mixed Veggies Pineapple Jello Cake 11	Granola Juice Taco Salad Mexican Salad Pinto Beans Honeydew / Wacky Cake 12	Toast Grapes Red Pork Burrito Spanish Rice Jicama Peaches / Biscochitos 13	McDonald's Sausage Biscuit Orange Juice Pizza Garden Salad Orange Churro 14	K-8 Parent Conf; No K-8 Classes 15	
Chocolate Chip Muffin Juice Chicken Nuggets Mashed Potatoes/Gravy Carrots WW Roll / Apple 18	Bacon Burrito Juice Nachos Pinto Beans Lettuce / Tomato Grapes/Almond Cookie 19	Cinnamon Twist Orange Wedge Chicken Alfredo Broccoli WW Roll Cherry Crisp 20	Egg Patty Sandwich Peach Cheesy Bread Stick w/Marinara / Green Beans Banana Vanilla Pudding 21	Cheese Quesadilla Pears BBQ Chicken Sandwich Cucumber Slices Watermelon Sunshine Bar 22	
Peanut Butter & Honey Sandwich / Juice Pigs in Blanket Carrot Medley Fruit Cocktail Peanut Butter Bar 25	Cheese Stick Cracker / Pineapple Bean Burrito Mexican Salad Corn / Salsa Juice Bar 26	Pizza Bagel Apple Orange Chicken Rice/Stir Fry Veggies Strawberries Fortune Cookie 27	Mini Pancake Juice Pizza Garden Salad Pears Harvest Cookie 28	Oatmeal to Go Applesauce Deli Corn Carrot Salad / Apple Pumpkin Cookie 29	



Shamrock Foods
DELIVERING SATISFACTION

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*Shamrock Foods & Villa Frizzoni
commend the LCPS Foodservice Professionals
for their commitment to food safety.*



*Visit our Store Location for Great Savings on
Villa Frizzoni Fine Italian Style Products.*

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WHOLESALE TO THE PUBLIC • NO MEMBERSHIP FEES



December '10

Monday	Tuesday	Wednesday	Thursday	Friday	BAL
Choice of Milk Available Menu Subject to Change		Pancake on Stick Cocktail Grilled Cheese Sandwich Tomato Soup Fruit Cocktail / Pickle Slices / Brownie 1	Cinnamon Twist Peaches Pizza Cucumber Slices/Cherry Tomatoes / Pears Sunshine Bar 2	Bacon Burrito Juice Bean Tostada Spanish Rice / Lettuce & Tomato / Orange Oatmeal Cookie 3	
Proball Pear Hot Dog Star Tots Celery Orange 6	Pineapple Cranberry Muffin Juice Cheese Taquitos Pinto Beans / Lettuce & Tomato / Juice Orange Vanilla Cake 7	Oatmeal to Go Banana BBQ Pork Sandwich Potato Wedges Fruit Cocktail Holiday Cookie 8	McDonald's Sausage Biscuit Juice Turkey Mashed Potatoes/Gravy Green Beans / Stuffing / Roll / Pumpkin Pie 9	Bean Burrito Pineapple Hamburger French Fries Hamburger Salad Peaches/Jello 10	
French Toast Apple Chicken Nuggets Mashed Potatoes/Gravy Carrots/WW Roll Apple 13	Sunshine Muffin Juice Green Pork Burrito Spanish Rice Zucchini/Ranch Pears / Biscochitos 14	Breakfast Pizza Peach Beef Taco Mexican Salad Pinto Beans / Pineapple Upside Down Cake 15	Chicken Sandwich Juice Pizza Celery / Ranch Juice Bar Churro 16	Peanut Butter & Strawberry Jelly / Orange Semester Ends; half Day (breakfast only) 17	
Winter Holiday 20	Winter Holiday 21	Winter Holiday 22	Winter Holiday 23	Winter Holiday 24	
Winter Holiday 27	Winter Holiday 28	Winter Holiday 29	Winter Holiday 30		31



Shamrock Foods
DELIVERING SATISFACTION

Shamrock Foods & San Pablo
commends the LCPS's commitment
to our youth.



For Genuine "South of the Border" Menu Options
try the Full Selection of San Pablo Products.



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February '11

Monday	Tuesday	Wednesday	Thursday	Friday	BAL
	Pancake on a Stick Apple	Toast / Jelly Pears	Egg Pattie WW Roll / Juice	Banana Muffin Pineapple	
	Meatball Sub Corn Salad Banana Vanilla Pudding 1	Chicken Fajita Burrito Pinto Beans / Salsa Lettuce / Tomato Orange / Spice Cake 2	Pizza Cucumbers / Ranch Strawberries Rice Crispy Treat 3	Taco Salad Spanish Rice Applesauce / WW Sugar Cookie 4	
French Toast Strawberries	Cinnamon Toast Crunch Crisp / Fruit Salad	Bacon Burrito Juice	Canadian Bacon English Muffin / Juice	Cinnamon Roll Orange	
Pig In A Blanket Baked Beans Broccoli / Ranch / Juice Bar Peanut Butter Bar 7	Hamburger Hamburger Salad French Fries Peaches / Jello 8	Chicken Nuggets Mashed Potatoes/Gravy Carrot WW Roll / Apple 9	Cheesy Bread Stix Marinara / Green Beans Apple Chocolate Pudding 10	Bean Tostada Spanish Rice / Salsa Lettuce / Tomato Blueberry Crisp 11	
WW Donut Peaches	Cheese Omelet / Biscuit Juice	Sunshine Muffin Cocktail	Chocolate Malt-O-Meal Banana	Parent Conf K-7 Next Steps 8-12 th	
Sloppy Joe Potato Wedges Celery / Ranch / Pineapple Valentine Cookie 14	Chicken Noodle Soup Crackers / Garden Salad Ranch / Fruit Salad Almond Cookie 15	Red Pork Burrito Spanish Rice Toss Salad Orange / Biscochitos 16	Pizza / Jalapenos Corn Salad Fruit Cocktail WW Chocolate Chip Bar 17		18
Presidents' Holiday No School	Chewy Bar Applesauce	Bean Burrito Juice	McDonald's Sausage Biscuit Orange Juice	Breakfast Pizza Pineapple	
	Teriyaki Dippers WW Roll / Green Beans Sweet Potato Fries w/ Honey / Cherry Crisp 22	Grilled Cheese Tomato Soup Carrots / Peaches Brownie 23	Lasagna Italian Roll / Vegetable Medley / Pears Rainbow Sherbet 24	Chicken Rings w/ BBQ Sauce Corn on the Cob WW Roll / Juice 25	
Peanut Butter & Jelly (Grape) Juice		Peanut Butter & Grape Jelly Juice		Choice of Milk Available	
Cheese Taquito Pinto Beans / Salsa Lettuce / Tomato Apple / Oatmeal Cookie 28				Menu Subject to Change	



Shamrock Foods & Culinary Secrets
are dedicated to supporting excellence
in our children's education.



Culinary Secrets Premium Spices, Desserts, Soup Bases,
Dressings and More are Available at Southwest Cash & Carry.



March '11

Monday	Tuesday	Wednesday	Thursday	Friday	BAL
	Cereal Bar Banana	Pineapple Muffin Grape	Grilled Cheese Juice	Cheese Omelet English Muffin / Apple	
	Cheeseburger Hamburger Salad French Fries Peaches / Jello	Bean Burrito w/ Salsa Corn / Lettuce / Tomato Juice Bar Chocolate Chip Cookie	Pizza Celery / Ranch Tangerine Oatmeal Cake	BBQ Pork Sandwich Mashed Sweet Potato Vegetable Medley / Ranch Pears	
1	2	3	4		
Spring Intersession	Spring Intersession	Spring Intersession	Spring Intersession	Spring Intersession	
7	8	9	10	11	
Spring Intersession	Spring Intersession	Spring Intersession	Spring Intersession	Spring Intersession	
14	15	16	17	18	
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break	
21	22	23	24	25	
Breakfast Pizza Juice	Apple Turnover Orange	Breakfast Burrito Juice	Peanut Butter & Strawberry Jelly / Pears	Choice of Milk Available Menu Subject to Change	
Mini Corn Dogs Star Tots Carrots & Celery Apple	Beef Burrito w/Salsa Pinto Beans Lettuce / Tomato Pineapple/Brownie	Hot Ham & Cheese Sandwich / Tomato Soup Fruit Salad Pumpkin Cookie	Cheesy Bread Sticks Marinara Green Beans Banana		
28	29	30	31		



Shamrock Foods & Shamrock Farms
proudly support the LCPS's
commitment to education.



We Carry the Full Line of Fresh Milk, Sour Cream, Cottage
Cheese, Whipping Cream and more.



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May '11

Monday	Tuesday	Wednesday	Thursday	Friday	BAL
Cherry Turnover Plum	Cheese Stick WW Roll / Juice	Go-Gurt / Granola Strawberries	Quesadilla Juice	Chicken Sandwich Watermelon	
Fiesta Pizza Carrot Medley Watermelon Chocolate Chip Cookie 2	Nachos Pinto Beans Toss Salad Grapes / Brownie 3	Sloppy Joe Baked Beans Honeydew Peanut Butter Bar 4	Chicken Fajita Taco Spanish Rice / Lettuce & Tomato / Strawberries Wacky Cake 5	BBQ Pork Sandwich Mini Bakers Celery Peach Crisp 6	
Breakfast Pizza Juice	Chocolate Chip Muffin Diced Peaches	Cereal Bar Pears	Egg Pattie Sandwich Juice	Pancake on Stick Cantaloupe	
Chicken Nuggets Mashed Potatoes/Gravy Carrots WW Roll / Apple 9	Bean Burrito W/Salsa Lettuce / Tomato Juice Bar Chocolate Chip Cookie 10	Chicken Fajita Quesadilla Spanish Rice Cucumbers/Cherry Tomato Ranch / Nectarine 11	Ravioli Garden / Ranch WW Roll Pineapple 12	Chile Pie Lettuce / Tomato Strawberries / Yellow Cake w/ Chocolate Frosting 13	
Sausage Biscuit Juice	Toast Banana	Breakfast Burrito Juice	Granola Bar Orange	Strawberry Muffin Honeydew	
Chicken Pot Pie Broccoli / Ranch Honeydew Chocolate Pudding 16	Cheeseburger Hamburger Salad French Fries Peach/Jello 17	Sweet Sour Chicken Lo-Mein Noodles Snow Peas / Watermelon Fortune Cookie 18	Pizza Mixed Veggies Plum Swedish Cookie 19	Beef Burrito w/Salsa Pinto Beans Lettuce / Tomato Brownie/Cantaloupe 20	
Chorizo Burrito Apple	Proball Watermelon	Peanut Butter & Grape Jelly Juice	Cereal / Peaches Pancake on a stick	Cereal / Pineapple Oatmeal To Go	
Corndog Baked Beans / Cucumber Ranch / Watermelon Chocolate Chip Bar 23	Deli Hamburger Salad Carrots / Grapes Oatmeal Cookie 24	Chicken Fajita Salad Spanish Rice Orange Spice Cake 25	Ravioli Garden Salad WW Roll Pineapple 26	Pork Nibblers Sweet Potato Fries Mixed Vegetables, WW Roll Applesauce 27	
Memorial Holiday - no school 30	Cereal / Orange Cinnamon Roll Chicken Nuggets Mashed Potatoes / Gravy Carrots / WW Roll Apple 31			Choice of Milk Available Menu Subject to Change	



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*Shamrock Foods & SilverBrook
commend the LCPS's commitment
to our youth.*



*SilverBrook Frozen Breast Filets
are Perfect for a Summer Barbeque.*
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June '11

Monday	Tuesday	Wednesday	Thursday	Friday	BAL
		Cereal / Juice Pizza Bagel Teriyaki Dippers Rice Pilaf Broccoli / Juice Jello Cake	French Toast / Cereal Strawberries Semester Ends; Half day;	Summer Break	
		1	2		3
Summer Break	Summer Break	Summer Break	Summer Break	Summer Break	Summer Break
6	7	8	9		10
Summer Break	Summer Break	Summer Break	Summer Break	Summer Break	Summer Break
13	14	15	16		17
Summer Break	Summer Break	Summer Break	Summer Break	Summer Break	Summer Break
20	21	22	23		24
Summer Break	Summer Break	Summer Break	Summer Break	Summer Break	Choice of Milk Available Menu Subject to Change
27	28	29	30		

 <p>Shamrock Foods DELIVERING SATISFACTION</p>	<p>Shamrock Foods, Trescerro & Ridgeline Coffee Blends salute the teachers at Las Cruces Public Schools</p>			<p>Visit our Store Location for Great Savings on Trescerro & Ridgeline Foodservice & Gourmet Coffee Blends.</p> <p>2439 N. Main, Las Cruces, NM • (505) 524-8730 WHOLESALE TO THE PUBLIC • NO MEMBERSHIP FEES</p>	
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