

August '10

Monday	Tuesday	Wednesday	Thursday	Friday	TRA
2	3	4	5	6	
9	10	11	12	13	
Breakfast Pizza Watermelon	Pineapple Muffin Juice	Canadian Bacon WW Roll, Cantaloupe	Banana Muffin Juice	Bean Burrito Grapes	
Chicken Nuggets Mashed Potatoes / Gravy WW Roll, Carrots Nectarine 16	Bean Burrito Corn, Lettuce & Tomato Strawberry, Chocolate Chip Bar 17	Teriyaki Dipper Rice Pilaf, Broccoli / WW Roll Watermelon 18	Pizza Peas & Carrots Yellow Cake W/ Chocolate Frosting / Cantaloupe 19	Hamburger Hamburger Salad French Fries Peaches / Jello 20	
French Toast Nectarine	WW Donut Juice	Bacon & Egg Burrito Honeydew	McDonald's Sausage Biscuit Orange Juice	Peanut Butter & Jelly Sandwich, Banana	
Sloppy Joe Cucumber Slices Orange Peanut Butter Cookie 23	Macaroni & Cheese Sugar Peas WW Roll Grapes 24	Beef Tacos Lettuce & Tomato Spanish Rice / Strawberries Wacky Cake 25	Dunkers Green Beans Apples Pudding 26	Hot Dogs Baked Beans Celery / Ranch Cantaloupe 27	
Go-gurt Juice	Ham Stick WW Roll & Orange			Choice of Milk Available	
Chile Fries Cauliflower / Ranch Honeydew Applesauce Cake 30	Deli Carrot / Ranch Potato Chips / Watermelon Oatmeal Cookie 31			Menu Subject to Change	



Shamrock Foods & Cobblestone Market
salute the teachers
at Las Cruces Public Schools.



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WHOLESALE TO THE PUBLIC • NO MEMBERSHIP FEES

September '10

Monday	Tuesday	Wednesday	Thursday	Friday	TRA
		Quesadilla Juice	Strawberry Muffin Applesauce	Chorizo Burrito Pear Raw	
		Chicken Fajita Taco Lettuce/Tomato, Spanish Rice / Mandarin & Pineapple / Wacky Cake 1	Pizza Celery/Ranch Strawberries Molasses Cookie 2	Cuban Meat Rice Pilaf / Mixed Veggies Apricot Chocolate Pudding 3	
Labor Day No School 6	Apple Cinnamon Cereal Bar Juice Corn Dog Sweet Potato Fries w/Honey / Orange Cucumber / PB Bar 7	Cheese Omelet Toast - Cantaloupe Chicken Rings Potato-au-gratin Veg Medley, WW Roll Honeydew 8	Waffle Sticks Apple Spaghetti & Meat Sauce Italian Roll Zucchini / Ranch Peach 9	Sausage Biscuit Juice Nachos Pinto Beans Lettuce & Tomato Grapes 10	
Canadian Bacon / Mini WW Pancake / Juice Chicken Nuggets, WW Roll Mash Potatoes & Gravy Carrots Apple 13	Egg Patty / English Muffin Watermelon BBQ Pork Sandwich Confetti Fries / Honey Vegetable Medley/Ranch Plum 14	Cinnamon Toast Cereal Bar Banana Chile Pie Jicama Corn Watermelon 15	Ham & Egg Burrito Juice Pizza Celery Pears Chocolate Chip Cookie 16	Cinnamon Roll Grapes Beef Burrito Lettuce & Tomato Pinto Beans Strawberries/Brownie 17	
Apple Turnover Juice Steak Fingers Mash Potato/Gravy Green Beans, WW Roll Watermelon 20	Ham Stick WW Roll / Pineapple Hamburger, French Fries Hamburger Salad Peach Jello 21	Cinnamon Mini Pancakes Strawberries Chicken Soup / Crackers Garden Salad/Ranch Cantaloupe Almond Cookie 22	French Toast Juice Lasagna / Italian Roll Carrot Medley Pear Rainbow Sherbet 23	Breakfast Pizza Plum Deli / Hamburger Salad Three Bean Salad Carrots / Ranch Juice / Oatmeal Cookie 24	
Peanut Butter & Strawberry Jelly Sandwich / Juice Beefaroni Corn Salad WW Roll Plum 27	WW Donut Peach Raw Chicken Fajita Burrito Pinto Beans / Lettuce & Tomato / Pineapple Upside Down Cake 28	Sunrise Bites Banana Hot Ham & Cheese Sandwich Baked Beans / Celery Watermelon 29	Carrot Muffin Cocktail Pizza Garden Salad Honeydew Spice Cake 30	Choice of Milk Available Menu Subject to Change	



Shamrock Foods & Bountiful Harvest
proudly support the
LCPS's commitment to education.



Visit our Store Location for Great Savings on
Bountiful Harvest Vegetables and Canned Fruits.



October '10

Monday	Tuesday	Wednesday	Thursday	Friday	TRA
Choice of Milk Available Menu Subject to Change				Scrambled Egg/Toast Cantaloupe	
				Chicken Pot Pie Broccoli/Ranch Juice / Chocolate Chip Cookie	1
French Toast Frozen Strawberries	Sunshine Muffin Juice	Cinnamon Toast Crunch Crisp Cocktail	Bean Burrito Juice	Pro Ball Banana	
Grilled Cheese Tomato Soup/Pickle Slices Fruit Salad Brownie	Hamburger French Fries HB Salad Peaches / Jello	Bean Tostada Spanish Rice Mexican Salad Orange / Oatmeal Cookie	Ravioli Vegetable Medley WW Roll Pineapple	Pork Nibblers Mashed Potatoes/Gravy Green Beans / Applesauce Gingerbread	4 5 6 7 8
Breakfast Pizza Watermelon	Granola Juice	Toast Grapes	McDonald's Sausage Biscuit Orange Juice	Cheese Quesadilla Pears	
Meatball Sub Mixed Veggies Pineapple Jello Cake	Taco Salad Mexican Salad Pinto Beans Honeydew / Wacky Cake	Red Pork Burrito Spanish Rice Jicama Peaches / Biscochitos	Pizza Garden Salad Orange Churro	BBQ Chicken Sandwich Cucumber Slices Watermelon Sunshine Bar	11 12 13 14 15
Chocolate Chip Muffin Juice	Bacon Burrito Juice	Cinnamon Twist Orange Wedge	Egg Patty Sandwich Peach	K-8 Parent Conf; No K-8 Classes	
Chicken Nuggets Mashed Potatoes/Gravy Carrots WW Roll / Apple	Nachos Pinto Beans Lettuce / Tomato Grapes/Almond Cookie	Chicken Alfredo Broccoli WW Roll Cherry Crisp	Cheesy Bread Stick w/Marinara / Green Beans Banana Vanilla Pudding		18 19 20 21 22
Peanut Butter & Honey Sandwich / Juice	Cheese Stick Cracker / Pineapple	Pizza Bagel Apple	Mini Pancake Juice	Oatmeal to Go Applesauce	
Pigs in Blanket Carrot Medley Fruit Cocktail Peanut Butter Bar	Bean Burrito Mexican Salad Corn / Salsa Juice Bar	Orange Chicken Rice/Stir Fry Veggies Strawberries Fortune Cookie	Pizza Garden Salad Pears Harvest Cookie	Deli Corn Carrot Salad / Apple Pumpkin Cookie	25 26 27 28 29



*Shamrock Foods & Villa Frizzoni
commend the LCPS Foodservice Professionals
for their commitment to food safety.*



Visit our Store Location for Great Savings on
Villa Frizzoni Fine Italian Style Products.



December '10

Monday	Tuesday	Wednesday	Thursday	Friday	TRA
Choice of Milk Available Menu Subject to Change		Pancake on Stick Cocktail Grilled Cheese Sandwich Tomato Soup Fruit Cocktail / Pickle Slices / Brownie 1	Cinnamon Twist Peaches Pizza Cucumber Slices/Cherry Tomatoes / Pears Sunshine Bar 2	Bacon Burrito Juice Bean Tostada Spanish Rice / Lettuce & Tomato / Orange Oatmeal Cookie 3	
Proball Pear Hot Dog Star Tots Celery Orange 6	Pineapple Cranberry Muffin Juice Cheese Taquitos Pinto Beans / Lettuce & Tomato / Juice Orange Vanilla Cake 7	Oatmeal to Go Banana BBQ Pork Sandwich Potato Wedges Fruit Cocktail Holiday Cookie 8	McDonald's Sausage Biscuit Juice Turkey Mashed Potatoes/Gravy Green Beans / Stuffing / Roll / Pumpkin Pie 9	Bean Burrito Pineapple Hamburger French Fries Hamburger Salad Peaches/Jello 10	
French Toast Apple Chicken Nuggets Mashed Potatoes/Gravy Carrots/WW Roll Apple 13	Sunshine Muffin Juice Green Pork Burrito Spanish Rice Zucchini/Ranch Pears / Biscochitos 14	Breakfast Pizza Peach Beef Taco Mexican Salad Pinto Beans / Pineapple Upside Down Cake 15	Chicken Sandwich Juice Pizza Celery / Ranch Juice Bar Churro 16	Peanut Butter & Strawberry Jelly / Orange Semester Ends; half Day (breakfast only) 17	
Winter Holiday 20	Winter Holiday 21	Winter Holiday 22	Winter Holiday 23	Winter Holiday 24	
Winter Holiday 27	Winter Holiday 28	Winter Holiday 29	Winter Holiday 30	Winter Holiday 31	



Shamrock Foods & San Pablo
commends the LCPS's commitment
to our youth.



For Genuine "South of the Border" Menu Options
try the Full Selection of San Pablo Products.



May '11

Monday	Tuesday	Wednesday	Thursday	Friday TRA
Cherry Turnover Plum	Cheese Stick WW Roll / Juice	Go-Gurt / Granola Strawberries	Quesadilla Juice	Chicken Sandwich Watermelon
Fiesta Pizza Carrot Medley Watermelon Chocolate Chip Cookie 2	Nachos Pinto Beans Toss Salad Grapes / Brownie 3	Sloppy Joe Baked Beans Honeydew Peanut Butter Bar 4	Chicken Fajita Taco Spanish Rice / Lettuce & Tomato / Strawberries Wacky Cake 5	BBQ Pork Sandwich Mini Bakers Celery Peach Crisp 6
Breakfast Pizza Juice	Chocolate Chip Muffin Diced Peaches	Cereal Bar Pears	Egg Pattie Sandwich Juice	Pancake on Stick Cantaloupe
Chicken Nuggets Mashed Potatoes/Gravy Carrots WW Roll / Apple 9	Bean Burrito W/Salsa Lettuce / Tomato Juice Bar Chocolate Chip Cookie 10	Chicken Fajita Quesadilla Spanish Rice Cucumbers/Cherry Tomato Ranch / Nectarine 11	Ravioli Garden / Ranch WW Roll Pineapple 12	Chile Pie Lettuce / Tomato Strawberries / Yellow Cake w/ Chocolate Frosting 13
Sausage Biscuit Juice	Toast Banana	Breakfast Burrito Juice	Granola Bar Orange	Strawberry Muffin Honeydew
Chicken Pot Pie Broccoli / Ranch Honeydew Chocolate Pudding 16	Cheeseburger Hamburger Salad French Fries Peach/Jello 17	Sweet Sour Chicken Lo-Mein Noodles Snow Peas / Watermelon Fortune Cookie 18	Pizza Mixed Veggies Plum Swedish Cookie 19	Beef Burrito w/Salsa Pinto Beans Lettuce / Tomato Brownie/Cantaloupe 20
Chorizo Burrito Apple	Proball Watermelon	Peanut Butter & Grape Jelly Juice		
Corndog Baked Beans / Cucumber Ranch / Watermelon Chocolate Chip Bar 23	Deli Hamburger Salad Carrots / Grapes Oatmeal Cookie 24	Breakfast Only... ½ day 25	26	27
Memorial Holiday - no school 30	31			Choice of Milk Available Menu Subject to Change



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Shamrock Foods & SilverBrook
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SilverBrook Frozen Breast Filets
are Perfect for a Summer Barbeque.

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